





# Canteen Autumn/Winter Menu 2017

**Opening Hours: Wednesday to Friday – 8:45am to 12:35pm**

**Canteen Manager:** Ruth Bishop - 0425 223 537

**Email:** [gowrieps.canteen@gmail.com](mailto:gowrieps.canteen@gmail.com)

## **Canteen Policy: What we do and why we do it.**

The canteen is provided as a non-profit service for the well-being of the school by the P & C Association. The P & C employs a manager who is responsible for the day-to-day operation of the canteen, guided and assisted by the P & C.

The canteen provides nutritious and appealing food at an affordable price. We aim to keep our menu as Green as possible to provide a healthy school recess and lunch service for the enjoyment of children and to assist busy families.

## **Special Requests**

We are unable to assist with special food requests such as variation of ingredients in standard items.

## **Food Allergies**

The only exception to the special request policy is in the case of genuine food allergies and intolerances. Parents need to inform me in writing of any such condition, a form will be distributed at the beginning of each year for this purpose. The canteen is NUT free due to severe allergies of some students.

If your child has an allergy and is ordering from the canteen, please ensure you note on the outside of the bag if they need GLUTEN FREE, DAIRY FREE or HALAL option.

## **Volunteering**

Volunteers are very welcome to come and help in the canteen with preparing sandwiches, preparing lunches or baking. Any time you can spare, whether 1 ½ hours or 1 hour is much appreciated. The canteen is a friendly environment and a great way to meet other parents. Please come and see the Canteen Manager if you're interested in helping.

### **Canteen Staff**

Canteen Manager – Ruth Bishop

**Mobile:** 0425223537

**Email:** [gowrieps.canteen@gmail.com](mailto:gowrieps.canteen@gmail.com)

## **Orders**

Please write your child's:

- Full Name
- Class
- Order

On an envelope or paper bag with the required money enclosed. Students will place their orders in the order box at the canteen.

Occasionally we will run out of stock. If this does happen or an item in the order is incorrect please encourage your child to come and see the Canteen Manager. We will try and assist by substitution where possible.

If you have any questions regarding the canteen operation or menu please come and visit the canteen.

## **Recess Bags**

Recess bags are packed and given out with the lunch orders ready for the recess break. Please write your child's, class and the recess bag type. Please ensure it is in a separate bag.

## **Children's Birthdays**

If you would like cupcakes for your child's class to celebrate their birthday, the canteen can make chocolate or vanilla for \$16.00 (25 cupcakes – iced with no other decorations).

To order just give the canteen manager a call or send a note with the:

- Child's name
- Date cupcakes are needed
- The number required
- Money for the order
- Flavour – Chocolate or Vanilla
- Contact phone number and name

Please give 7 working days' notice. Available 5 days per week.



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